

STIMULATING CONNECTIONS & ORGANISATION THROUGH TOUCH

THE
SCOTT
PROTOCOL

HOW DID IT DEVELOP

- When a procedure repeats itself over and over again it warrants some investigation and that is exactly what happened here
- When working with quadriplegics Dr Scott kept coming up with this new pinching technique that seemed to help repair the nervous system damage
- By no means is this correction used only for quadriplegics but has been successful in repairing other injuries and disabilities that affect the nervous system
- SCOTT PROTOCOL helps re-organize and re-structure the brain and nervous system

THE BIOENERGETIC NERVOUS SYSTEM

- The Bio-Energetic Nervous System = the physical nervous system + subtle bio energetic system
- SCOTT PROTOCOL (as other HK/NB corrections) makes changes to the bio energetic system repairing and aligning patterns so that they can be reflected in the physical body even though it seems we are stimulating or manipulating in the physical body. Almost like a boomerang affect. Outwardly it looks like we correct in the physical body but the correction is in the bio-energetic body thus affecting the physical body. Our goal is to achieve an even flow of energy.

WHAT WE DO AS PRACTITIONERS

- Much like plumbers unblocking the drains our job is to:

IDENTIFY BIOENERGETICALLY ADVERSE SITUATIONS

CHANGE OR REMOVE THE SITUATION

DETERMINE WHETHER THERE IS DAMAGE TO THE
ORGANISM

REPAIR THE BIOENERGY SYSTEM BY ELIMINATING OR
MINIMISING THE DAMAGE CAUSED

QUALITIES OF THE BIOENERGETIC NERVOUS SYSTEM

- **CIRCUIT STABILIZATION**

To keep from fluctuating, keep level, to become stable, steadfast or fixed

- **INTEGRATE**

To make whole by bringing all parts together, to unify

- **SYCHRONIZE**

To operate in unison. Parallel occurrence

- **CONNECT**

Join or fasten together in a continuous path between any 2 points.

This refers to how various parts of the nervous system are connected to each other

QUALITIES OF THE BIOENERGETIC NERVOUS SYSTEM

- **ORGANISE**

To arrange in a coherent form or desired pattern or structure for harmonious or united action: systematize

- **PLASTICITY**

Refers to the ability of the nervous system to dynamically or physically adapt to, compensate for, or repair damaged areas, connections or circuits

- **ACTIVATE /INHIBIT**

To set in motion or make active. A dormant function needs activating to a normal level or deactivating

QUALITIES OF THE BIOENERGETIC NERVOUS SYSTEM

- **GATING**

Gate allows or blocks the path of something else

- **ENCODE/DECODE**

Information that exists in the brain but needs identifying and encoding or decoding to achieve maximum function

- **CONFORM**

To bring into agreement , to correspond to form. The circuits need to conform to what they were designed to be including proper degree of activity or activation when commanded

QUALITIES OF THE BIOENERGETIC NERVOUS SYSTEM

- CONTROL

To regulate and maintain within the standard range of function
(assists Stabilization)

- STRENGTH

To make stronger, becoming less susceptible to inappropriate outside influences (assists in Stabilization)

WE DO ALL THESE THINGS SIMULTANEOUSLY,
SEQUENTIALLY OR ALTERNATIVELY

QUALITIES OF THE BIOENERGETIC NERVOUS SYSTEM

- Circuit Stabilization
- Integrate
- Synchronize
- Connect
- Organize
- Plasticity
- Activate/ Inhibit
- Gating
- Encode/Decode
- Conform
- Control
- Strengthen

CONNECTION STIMULUS (CS)

- The correction uses a series of pinch movements either squeezing or stretching the tissue .It is called CONNECTION STIMULUS
- When doing a CS it implies that the sensory stimulation is generated in order to strengthen an existing connection or to make a new or different specific connection in the nervous system

CONNECTION STIMULUS (CS)

CS	SQUEEZE	UN-SQUEEZE
STANDARD	→ ←	← →
PROGRESSIVE STD	→→→ ←←←	←←← →→→
HALF	←	→
PROGRESSIVE HALF	←←←	→→→

HOW DOES IT WORK

- SCOTT PROTOCOL focuses on the MECHANORECEPTORS ..a sensory cell that responds to mechanical pressure or distortion
- The CS stimulates a specific set of receptors which then corresponds to a specific part of the brain and how it responds
- Scott Protocol we deliberately **stress the body and stimulate the bio energetic system to reconnect ..re organise..or re-establish balance/functioning**
- CS'ing we are switching certain nerve pathways through the dermatome..extended nerve pathways

PROCEDURE after MEB and approach identified

- 1. What does the client doing while we do the CS?
- How many CS items? Not 1 CS pair? Not 2 CS pairs? Etc
- What sequence /operations do we CS?

SIM? Seq? Alt?

- Identify part of the body
- Find exact location
- Find direction
- Which type of CS
- Pressure?