

Healing Persistent Problems

When you don't seem to be getting to the root of a problem for someone it may help to:

1. Clear all triggers and trauma for each ailment on all levels of being
2. Hold the Space with the person in one hand and the resolution that they are looking for in the other, e.g. True Health so that you can clear everything that is not contributing to True Health or Core Belief.
3. Hold the person's energy in Love, Light, Peace and Truth for as long as it takes to release the blockages.
4. Meditate in Pure Consciousness.
5. Healing for yourself to enable your capability to heal their problem.
6. Underlying Issue 'DD - Understanding all the possible reasons and influencing factors that have prevented me healing previously.'
7. Check through all Underlying Issue titles and Core Beliefs to see if any of them are relevant.
8. Heal Vulnerability and Shame. Maybe get them to watch Breanne Brown on Ted.com.
9. Examine and Heal Default Patterns. (See Default sheet)
10. Heal in Dreamtime. Use Living Tree Orchid Essence card 'Sleep of Peace'.
11. Talk about possible Hidden Causes, muscle-test them and do an Issue for any of them that test positive. (See Hidden Causes sheet)
12. Talk about Personality Patterns that may be getting in their way. Heal them using the Enneagram or an Issue.
13. Use Phytobiophysics Flower Formulae or Spirit of Nature Essences in circuit to raise suppressed patterns.
14. Reset the Subconscious to optimal patterns of Highest Truth.
15. Identify another therapist that would be able to help them.
16. Use later techniques in SH6: Food Allergies, Mitochondria, Channelling Masters etc.

Hidden Causes

When an illness or symptom doesn't seem to want to heal there may be hidden reasons for keeping the problem. Identify them, if indicated and heal each hidden cause.

- The illness may give **benefits that seem to outweigh any foreseeable positive changes** that might result from the healing i.e. there is a **perceived need for the problem**. (or **vested interest / get out clause / not my fault** etc)
- The client may not feel secure enough to investigate the causes of the problem.
- It may not be the right time to let it go.
- If it is on a mental level the belief itself may be preventing progress.
- It may be a problem that the client is not willing, able or ready to look at.

Some other things that can be helpful are:

1. Correction Menu – Do Healing corrections or an Issue for each identified hidden cause.
2. Aromatherapy Oils such as ylang ylang, sage and thyme.
3. Active Visualisations such as moving down a lovely path that gets better the further you go and looking in your bag as you go to see what you can throw out.
4. Active Visualisation such as emerging from a dark, dingy room into the light and lovely surroundings, full of life and everything that you could wish for.
5. Interactive visualisation where someone else can lead you gently to uncover the hidden messages.
6. Interactive Drawing (on the right side of the brain) maybe with the help of someone else to uncover what needs to be done. It can be passive, active, creative or interactive just as with visualisation.) (See below)
7. Pick up on the messages from all around you whether verbal or symbolic or other.
8. Change regular habits e.g. eating a different breakfast or going a different way to work.
9. Get the person to imagine a bright blue colour for a minute (if indicated), then create a snapshot of themselves in a previous actual or imagined situation where they feel totally loved, wanted, secure, happy and free. Hold the image for 10 to 15 minutes and feel the lovely feelings coming back to them until they feel their physical responses slow down and they feel relaxed. Hold a watch or ring or something that you usually wear and invest this wonderful energy in it. Whenever a feeling of panic is felt and it is not appropriate, touch the watch or ring and feel the loving, secure feelings come back to you or, if you feel you want to, repeat the above process to reinforce the good feelings.