Dr. Scott's Measures Patterns Processes Qualities Matrix (MPPQ Matrix)

1. Ask, "With a focus on 'name it' how many Elements are we checking for optimum functioning through the various components of the HK Bio-Energy Model at least one?" etc. Put the Element No. on the table and in the space below and list the individual Meridians. **2.** Touch the acu-points bilaterally on the body map move onto questions **2a.** to **2d.** on the grid. Mark under-function with an 'x' – so you can clearly see the blocks to optimum functioning of the 'focus' above.

No.		Measure	Where is it working?	Element _ Yang	Yin	Element _ Yang	Yin	Patterns	Processes	Qualities
1	CV 15	Compare	Control System					Clear	Activating	Authenticating
2	CV 9	Tune						Confused	Connecting	Blocking
(2a). Ask, "Within the Control System is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								Defective	Decoding	Bonding
3	St 27	Intake	Meridian Level					Developing	Encoding	Distorting
4	GB 23	Level						Fragmented	Gating	Entraining
5	St 25	Flow						Hidden	Inhibiting	Functioning
6	K 23	Fluidity						Inverted	Integrating	Interfering
7	K 24	Coherence						Mismatched	Interference	Isolating
8	K 16	Transfer-Out						Natural	Modulating	Limiting
(2b). Ask, "At Meridian Level is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								Processing	Organizing	Motivating
9	K 12 + K 13	Intake	Tissue Level					Prevent	Stabilizing	Strengthening
10	St 29	Level						Recognizing	Synchronizing	Utilizing
11	Sp 20	Flow						Sabotaging	Ending	Releasing
12	K 22	Fluidity						Variable	Oscillating	Lessening
13	CV 19	Coherence						Energize		
(2c). Ask, "At Tissue Level is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								Overpowering		
								Purify		

Patterns list (continued): Overpowering, Purify

No.		Measure	Where is it working?	Element _ Yang	Yin	Element _ Yang	Yin
14	K 26	Coupling – In	Control System				
15	K 20	Strength					
16	St 21	Coupling – Out					
17	St 18 ½	MBEI					
18	St 16	BBEI					

Further questions:

3. Ask "Which, if any, of the **Patterns** is contributing to the sub-optimal functioning of the measures on the grid'?"

4. Ask "Which, if any, of the **Processes** is contributing to the sub-optimal functioning of the measures on the grid'?"

5. Ask "Which, if any, of the **Qualities** is contributing to the sub-optimal functioning of the measures on the grid'?"

(2d). Ask, "Within the Control System is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridian.

6. Ask, "What energy work do we need to do to harmonize and balance the 'name the pattern', 'name the process' and 'name the quality' influences of the sub-optimal functioning of the measures on the grid?

ECF	Reflex	Element	Item / other Factors

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