

PSYCHOLOGICAL STRUCTURE - Ψ Focused Theme

For Ψ Focused Theme name the theme first before finding the number of items in the group. We highlight a series of items with this focused theme in mind, where for some reason the body wants the theme to be made explicit. The items within the theme structure are rarely all from the same psychological structures, but **they will only TL weak if they are thought about in relation to the theme.** This is because knowing what the item relates to takes the client along a particular thought process, which would not occur if the thoughts were given in isolation. Example – Think, 'Knowing I can do it in relation to Self-Confidence'

<p>Ψ Focused Theme NV 3 Self Confidence</p> <ul style="list-style-type: none"> - Knowing I can do it. - Power - Be secure - Listen to my inner voice! - Intuition 	<p>Ψ Focused Theme NL1 Forgiveness</p> <ul style="list-style-type: none"> - I have a heavy heart. - Lost - Accepting I could be wrong. - Forgiving others - Allowing myself to forgive myself - Redemption
<p>Ψ Focused Theme NV 5 Work</p> <ul style="list-style-type: none"> - Suffering my boss - Efficient - Not letting them rile me - Achieving satisfaction - Acknowledging my worth 	<p>Ψ Focused Theme NL 0 Being in control of my life</p> <ul style="list-style-type: none"> - contained - Feeling powerful - Enjoying contentment - Satisfied - Of necessity
<p><input type="checkbox"/> ACKNOWLEDGING MY FRUSTRATIONS</p> <p>Ψ Focused Theme NV 0,1 Releasing my frustrations</p> <ul style="list-style-type: none"> - being ignored - in hope - not always right - owning my true feelings - I can be flexible - enjoying life 	<p><input type="checkbox"/> TAKING MY PARENTAL RESPONSIBILITES SERIOUSLY</p> <p>Ψ Focused Theme NL all Coping with my children</p> <ul style="list-style-type: none"> - Life can be a bummer. - Why am I constantly blocked? - How could I move forward? - Children are a constant worry. - Should I relax around the children? - Is it time to change my attitude?

TEMPERAMENT FACTOR - Integration of Temperament

Temperament is our characteristic mode of behaviour or emotional response to any given situation. It tends to be deeply ingrained or unconscious rather than an arbitrary conscious choice. This correction gets at your underlying fundamental temperament and changes it where appropriate. It also gets you more in touch with what your temperament is. It enables clients to stand outside themselves and look at how they are, then decide if they want to be different. It can sometimes take them back to childhood when the mode of behaviour was set up. It is done for those clients who in spite of all the Energy work that has been done, still haven't been able to make the fundamental changes to move on and heal completely.

Integration of Temperament continued

There can be any number of items (including just 1), and each item usually consists of two key components – a **Do** and a **Thought**. Each 'Do' can consist of more than one aspect e.g. standing facing a particular direction and doing something with the eyes. Possibilities for the '**DO**' aspects –

- Movement ◆
- Body Position or Body Direction (Vivaxis – facing the direction of the place you were born) ◆
- Breath (hold breath in, or out, panting, rhythmic breathing, deep breathing into lower abdomen) ◆
- Cutaneous ◆
- Olfaction ◆
- Gustation ◆
- Vibration ◆
- Vision ◆

The **THOUGHT** can be from any of the psychological structures (If more than one item subsequent thoughts can be from different psychological structures)

Integration of Temperament NL 1	<ul style="list-style-type: none"> - [] Deep Breaths in for 4 seconds and out for 4 hold for 4 - [] Think, 'I can succeed' - [] Breathe in deeply and on the out breath - [] Place left hand over right hand over the solar plexus - [] Think, 'empowered'
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ENERGY REDIRECTION FACTOR: Energy Reaction Transformation

We are not suppressing, changing or transforming the physical symptoms. We are working with transforming the Energy reaction. ERF: ERT can be done within an issue or group of Body Sequence work, or out of sequence in special circumstances providing all the underlying Energy work is in place. This procedure is very relevant if the body is still reacting to either certain substances or behaviours in the same old way even though you appear to have done all the necessary work to clear the concerns. It may actually be more disturbing to have the physical symptom without any allergic or psychological problems to back them up!

As with the Ψ Focused Theme, each item is thought about in relation to the theme.

For example: Think 'admiration in relation to confidence when speaking in public'

NL 2 ERF: ERT Confidence when speaking in public admiration wobbly foolish prepared enjoyable	EP 1, 4 ERF: ERT Promoting my business <ul style="list-style-type: none"> - being the best - expanding - finding satisfaction from what I do - listening to the customers - constant vigilance - acknowledging my staff
NL 2 ERF: ERT: Leaving Thomas amicably <ul style="list-style-type: none"> - pain and more pain - wanting the best for both of us - dealing patiently with his demands - lovingly listening - It is for the best for both of us 	NL 2 ERF: ERT: Confidence when speaking in public <ul style="list-style-type: none"> - feeling vulnerable - not wanting to appear foolish - prepared as best as possible - Could it be enjoyable? - regardless of my fears - Face it!

ADJUNCTIVE: Attitude Change

Attitude Change is done by the client, in their own time. It is part of their commitment to their own healing process. It is more specific than Temperament Change because part of your temperament could be "being impatient" but "being impatient with women" is more specific and needs an Attitude Change. We need to test out a number of specifically worded questions, putting each one on a separate sheet of paper. If using a book, tell them to leave plenty of pages in between, because they are going to have to write in answer to the questions every day for a certain period of time, and they don't know how much they will write. Tell them to take it around with them and jot down a thought whenever it occurs to them. **This is work in progress.**

(i) Test for the exact attitude that is to be changed. **(ii)** Test how many questions to which they need to answer. **(iii)** Find the exact wording of each of the questions. Use positive questions for example -

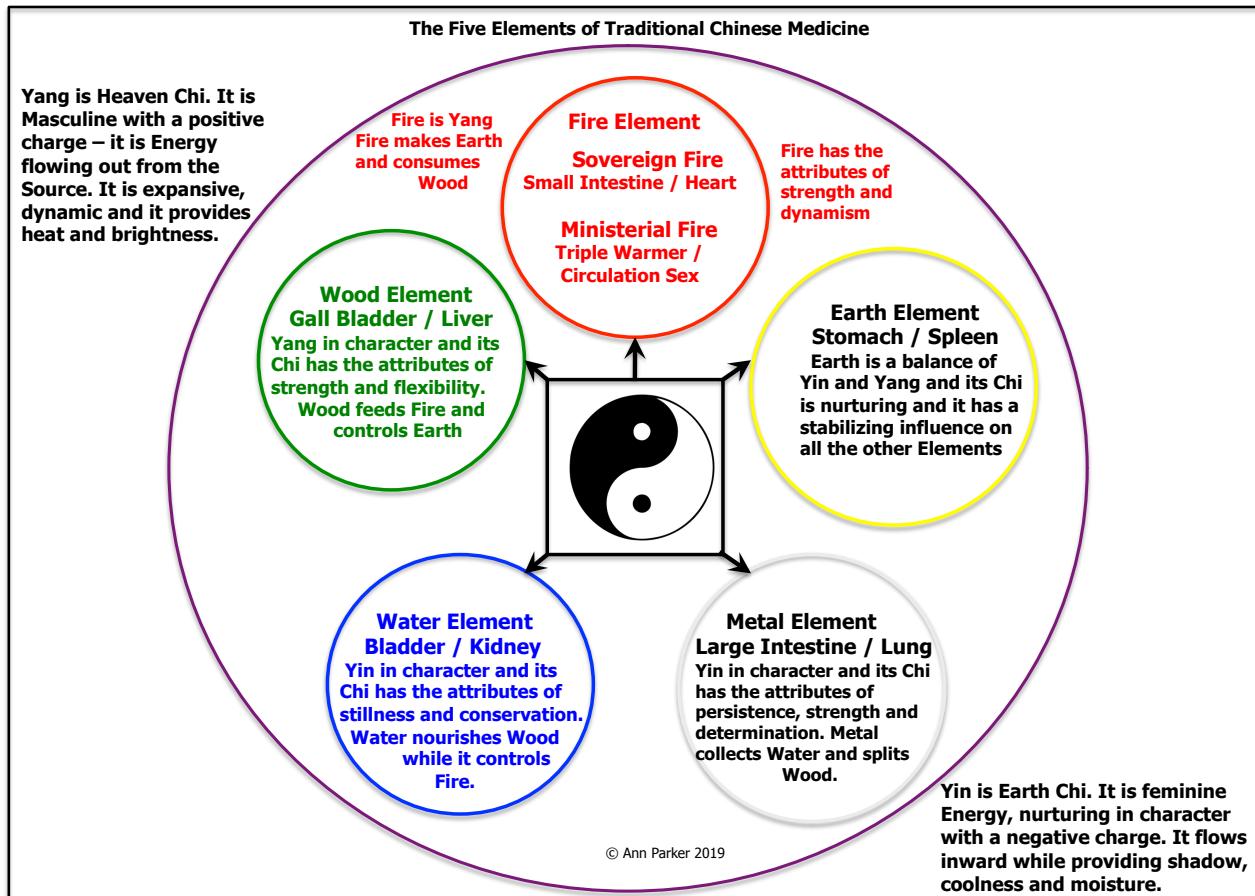
What would it take for me to (be successful in relationships / business / sport / attracting clients)

What would my life be like if I could (find a loving partner / earn a good income / my contributions were valued by my employers / reduce my handicap / feel confident at)

I find it's best not to ask the client to field more than two or three questions and they do the exercise till they achieve their objective (what Jane Thurnell-Read always called 'activity time')

Bio-Energy Flow (Meridian) Analysis

Looking at the Energy Flows from the Traditional Chinese Five Elements we have –



Bio-Energy Flow (Meridian) Analysis continued

The Five Elements Theory first appeared during the Spring and Autumn Period (770–476 BC) and quickly became widespread providing the basis of the Chinese philosophy used to describe the interactions and relationships between things. The Five Elements (Wood, Fire, Earth, Metal, Water) are believed to be the fundamental elements of everything in the universe between which interactions occur. Each element has its own **characteristics and associations** with different aspect of nature, such as direction, season, colour, shape, and so on.

Five Element Theory claims that the world changes according to the Five Elements' complementary processes of the generating or controlling (overcoming) relationships – the Yin and Yang. Generating processes promote development while overcoming processes control development and so through these two systems of promotion and restraint the Yin and Yang Energy through the Five elements becomes both balanced and harmonized.

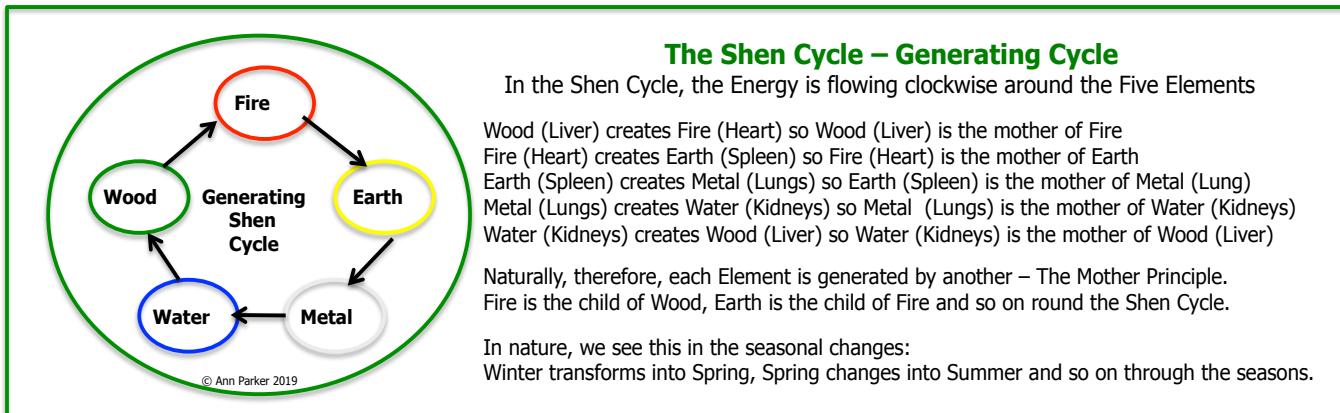
Characteristics	WOOD	FIRE	EARTH	METAL	WATER
Yin Organs	Liver	Heart / Pericardium	Spleen	Lung	Kidney
Yang Organs	Gall Bladder	Small Intestine/ San Jiao	Stomach	Large Intestine	Bladder
Taste	sour	bitter	sweet	spicy	salty
Sensory Organs	eyes	tongue	mouth	nose	ear
Direction	east	south	centre	west	north
Season	spring	summer	Late summer	autumn	winter
Climate	windy	hot	damp	dry	cold
Colour	green	red	yellow	white or silver	blue
Shape	rectangle	angular	square	round	undulating
Planets	Venus	Jupiter	Mercury	Mars	Saturn
Virtue	benevolence	propriety	fidelity /honesty	righteous	wisdom

There are two Key Energy Flows across the Five Elements. The **Shen (Sheng / Chen) Generating Cycle** interactions are fuelling, forming, containing, carrying and feeding so we have Wood feeds fire, Fire forms earth (volcanoes/ash), Earth contains metal, Metal carries water (buckets/pipes), Water feeds wood (trees/plants). While the (five overcoming interactions) are melting, penetrating, separating, absorbing and quenching so we have Fire melts metal, Metal penetrates wood (chopping/sawing/drilling/nailing/screwing), Wood separates earth (tree roots breaking soil/rock), Earth absorbs water and Water quenches fire.

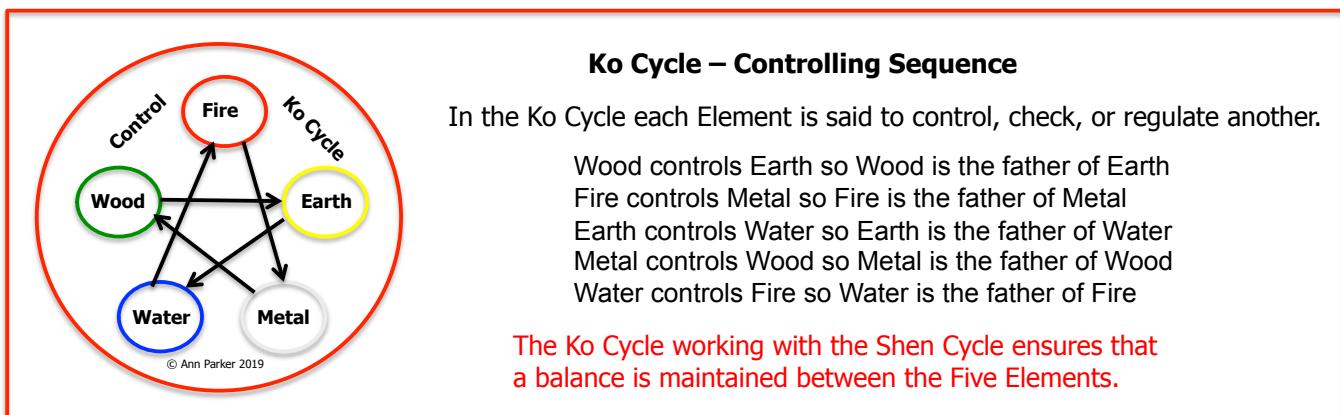
The Five Elements are in constant movement and change and these two natural cycles of generating and controlling energies are essential to maintain balance and harmony in the body. When an Element becomes too strong and dominates the cycle then imbalances occur leading to physical ill-health. By working in priority with the Element in over-energy, as we do in HK sessions, we in fact correct the hyper-active Element and allow the recovery to harmony and balance of all the other Elements.

Bio-Energy Flow (Meridian) Analysis continued

For the **Shen Cycle**, Wood (Liver) creates Fire (Heart) by burning, which creates ash, Earth (Spleen). From the Earth (Spleen) come ores (Metal). Metal when molten becomes liquid - Water (Kidney) and then Water feeds plants, making Wood (Liver). In the Shen Cycle, the Energy is flowing clockwise around the Five Elements.



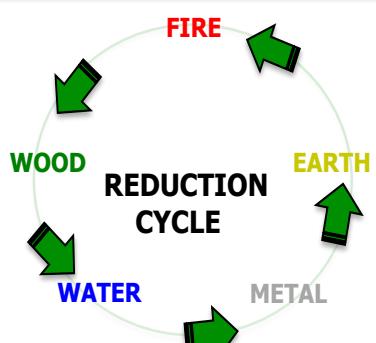
In the **Ko Cycle**, Wood destroys Earth by breaking it up or covering it. Earth controls water by damming it. Water controls Fire by extinguishing it. Fire controls / destroys Metal by melting it. Metal controls Wood by cutting it.



The **Destructive Cycle** or Overacting Sequence is the same as the **Ko Cycle**, but in this sequence, one Element is said to be in 'over-control' or 'to destroy' another, causing the controlled Element to become Deficient. This happens when balance breaks down so that one Element becomes excessive in relationship to another. An excess of Wood energy will over-control Earth, causing Earth to become Deficient.

Bio-Energy Flow (Meridian) Analysis continued

(iii) Reduction or Anti-Shen Cycle

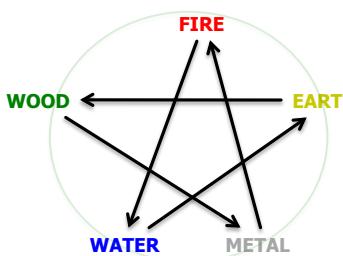


Flows in the opposite direction to the Shen Cycle
It is the order we work around the Elements in HK

In the **Reduction Cycle** the Energy is flowing anti-clockwise around the Five Elements. When we do HK energy work, we work with over-energy and we always hold in the Element sequence of the Reduction Cycle. If we have **over-energy** in one Element it means that the previous Element/s in the Shen Cycle are in under-energy so by regulating the flow any blockages or stagnant energy on the Reduction Cycle are able to be released, somewhat like the right log being moved to allow a log jam to be freed up so that the logs flow freely away.

(iv) Change or Impingement Cycle.

CHANGE or IMPINGEMENT CYCLE



Wood changes Metal,
which changes Fire,
which changes Water,
which changes Earth,
which changes Wood

When the Ko or Control Cycle is flowing in the opposite direction Dr. Scott has chosen to call this flow the **Change** (Dr. Scott's term) or **Impingement Cycle**.

In the Chinese acupuncture model, it is also called **Anti-Ko or Insulting Sequence**. In the Insulting Sequence, the Element that should BE controlled becomes imbalanced and excessive, and controls the Element that normally controls it. e.g. Instead of the Metal Element (Large Intestine / Lung) controlling the Wood Element (Gall Bladder / Liver), if Wood Element becomes excessive (in over-energy), it can "insult" Metal, causing the Metal Element to become imbalanced. This is akin to a rebellious child insulting or trying to discipline its father.

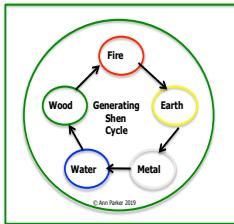
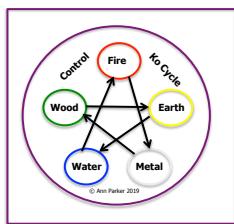
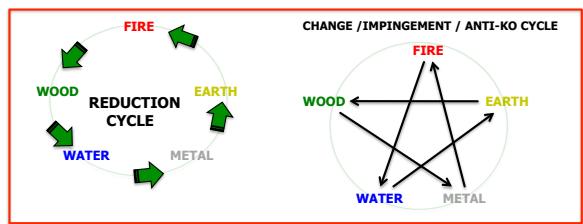
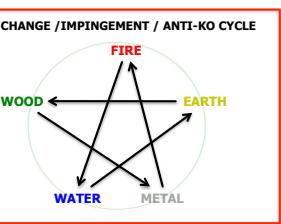
If for example, the Earth Element (Stomach / Spleen) becomes excessive then the Wood Element loses its controlling or restraining function on the Earth Element. The Earth Element insults/attacks/backs up to the Wood Element. As both the Wood Element and the Earth Element lie in the Middle Burner then the functions of the Middle Burner become impaired. The Middle Burner controls digestion by harmonizing the functions of stomach, spleen and pancreas. The Middle Burner is responsible for extracting nourishing energy from food and fluids and distributing it via the Meridian System to the lungs and other parts of the body. If a Five Element Acupuncturist finds through reading the pulses that the Earth Element is 'insulting' the Wood Element he/she would first needle the Fire Points in the Wood Element to send energy from Wood to Fire, then the Fire Points in the Fire Element to send energy to Earth Element in order to strengthen the Shen Cycle and allow the two Energy Cycles, Shen and Ko come back into harmony and balance.

Development Day

Simplifying how to work with the Five Element Meridian Energy Flow Analysis

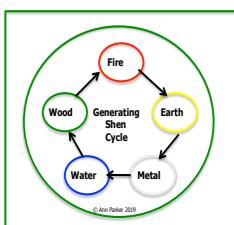
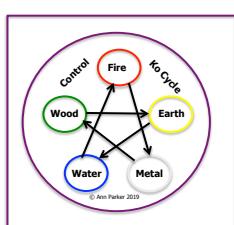
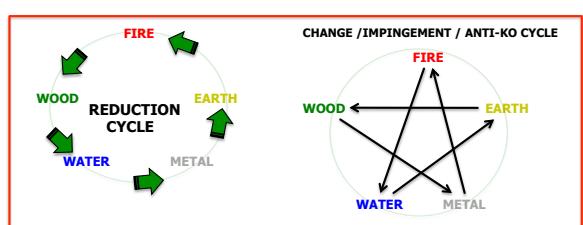
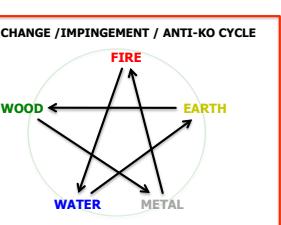
Name: Client A

Date: 15/4/19

Five Elements Meridian Bio-Energy Flow Analysis Chart							
							
<p>"With a focus on 'recovery after an operation' which Cycle is disrupting the normal flow of healthy energy – Shen / Ko / Reduction / Anti-Ko?"</p>							
<p>"Which Elements need to be addressed?" Test through and notate on the form. Now ask, "What energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"</p>							
Cycle	Element	→	Element	Energy Correction Factors	No. of Items	Other Factors	Order
Ko	Wood	→	Earth	ECS: Spin ECS: Alignment Ψ Phrases: Prepositional	2 1 / 4 2	/ / /	2 3 1
Energy Correction Factors		Points	Items / Other Factors				
Ψ Phrases: Prepositional		NV 5	<ul style="list-style-type: none"> - except that healing - on account of every eventuality 				
ECS: Spin		NV 5	<ul style="list-style-type: none"> - NS small magnet to top end of quadriceps - NS small magnet to hinge of the knee 				
ECS: Alignment		NV 0, 2, 5	 <ul style="list-style-type: none"> Flex left ankle up and down 1 magnet SS over lump above knee on scar LH over magnet → RH over left ← Think 'integrated' 				
<p>"Any further energy work needed to bring the Shen and Ko Cycles back into harmony and balance?" No</p>							

Name: Client B

Date: 17/4/19

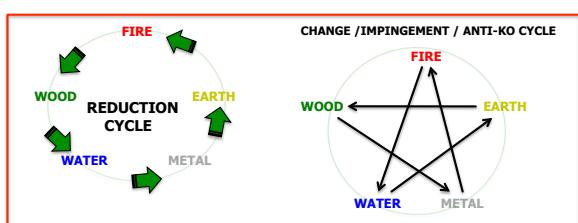
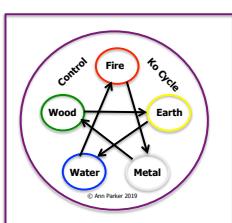
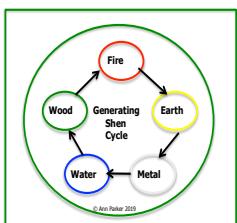
Five Elements Meridian Bio-Energy Flow Analysis Chart							
							
<p>"With a focus on 'sleeping well for hours' which Cycle is disrupting the normal flow of healthy energy – Shen / Ko / Reduction / Anti-Ko?"</p>							
<p>"What energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"</p>							
Cycle	Element	→	Element	Energy Correction Factors	No. of Items	Other Factors	Order
Ko	Water	→	Fire	Ψ Focused Theme: Sleep	4	/	1
Energy Correction Factors		Points	Items / Other Factors				
Ψ Focused Theme		NL Σ	<ul style="list-style-type: none"> Sleep - joyfully living - enjoying my time - on account of pressures - spiritually being 				
<p>"Any further energy work needed to bring the Shen and Ko Cycles back into harmony and balance?" No</p>							

Name: _____

Date: _____

Tutor

Five Elements Meridian Bio-Energy Flow Analysis Chart



"With a focus on _____ which Cycle is disrupting the normal flow of healthy energy – Shen / Ko / Reduction / Anti-Ko?"

"What energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Cycle	Element	→	Element	Energy Correction Factors	No. of Items	Other Factors	Order

Energy Correction Factors		Points	Items / Other Factors				

"Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Cycle	Element		Element	Energy Correction Factors	No. of items	Other Factors	Order

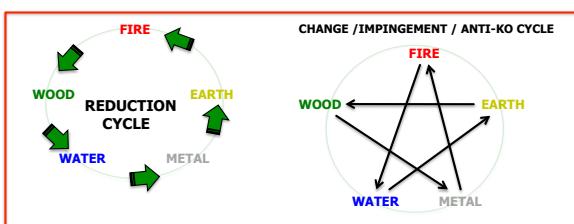
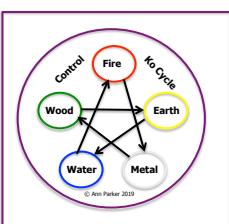
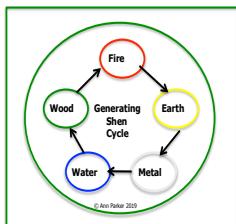
Energy Correction Factors		Points	Items / Other Factors				

"Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Practitioner: _____

Date: _____

Five Elements Meridian Bio-Energy Flow Analysis Chart



"With a focus on _____ which Cycle is disrupting the normal flow of healthy energy – Shen / Ko / Reduction / Anti-Ko?"

“What energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?”

Cycle	Element	→	Element	Energy Correction Factors	No. of Items	Other Factors	Order
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“Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?”

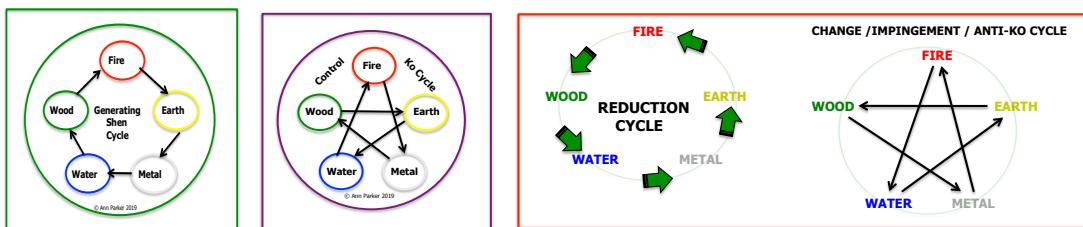
Any further energy work we need to do to bring the Sun and RE cycles back into harmony and balance:						
Cycle	Element	Element	Energy Correction Factors	No. of items	Other Factors	Order

"Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Practitioner: _____

Date: _____

Five Elements Meridian Bio-Energy Flow Analysis Chart



"With a focus on _____ which Cycle is disrupting the normal flow of healthy energy – Shen / Ko / Reduction / Anti-Ko?"

"What energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Cycle	Element	→	Element	Energy Correction Factors	No. of Items	Other Factors	Order
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“Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?”

Any further energy work we need to do to bring the Sun and Re Cycles back into harmony and balance:						
Cycle	Element	Element	Energy Correction Factors	No. of items	Other Factors	Order

"Any further energy work do we need to do to bring the Shen and Ko Cycles back into harmony and balance?"

Meta-Analysis

The Meta-Analysis helps us to focus a 'laser' through the Subtle Bodies to determine which energy qualities are influencing the sub-optimal functioning of the energy flowing through and between the various Subtle Bodies and so contributing to the client's current state of 'un-wellness'.

From HK 3 onwards when we were defining an issue we asked, "To initiate and integrate a healing process for your concerns, help you achieve your goals and bring your Energy System into harmony and balance, are we defining the issue in - Physical Body terms?" ↓ "Psychological terms?" ↓ "**Subtle Energy terms?**" ↑ "Chakras?" ↓ "**Subtle Bodies?**" ↑ Then we asked "Are we working with just one Subtle Body?" If ↑ we tested through to name which one – sometimes that was it. Otherwise we asked whether we were looking at the energy flowing through or into that named subtle body and was it starting with a gerund or an imperative? If ↓ to these possibilities we asked were we looking at some aspect of the Subtle Body? If ↓ to one specific body we asked how many subtle bodies were involved and named them in the right order. etc Working in this way allowed us to instigate many meaningful positive changes for our clients. Now we are **expanding on how to work with the Subtle Bodies** using Dr. Scott's Meta-Analysis format.

To work with the Meta-Analysis, we need to determine if we are working with just what is happening in one specific subtle body **or** between two or more subtle bodies.

Ask, "Are we analyzing the various energy qualities within just one Subtle Body?" **If ↑ ask**, "Physical Body, Etheric Body, Astral (Emotional) Body, Mental Body, Causal Body, Buddhic or Monadic Body?" **Stop** at the first one indicated and move onto the Meta-Analysis form.

If ↓ to one specific Subtle Body first **ask**, "So, we are analyzing the various energy qualities between at least two Subtle Bodies?" etc. Once you have the number of Subtle Bodies **ask**, "Which are we naming first - Physical Body?" etc Notate on the Meta-Analysis form.

If for example, the first subtle body to be named was 'Etheric' then I would expect the other body /bodies to be further out in the Subtle Anatomy. Conversely if the first subtle body to be named was 'Buddhic' then I would expect the other body /bodies to be further in towards the physical body in the Subtle Anatomy.

Then ask, "For which other body/ies are we analyzing the various energy qualities?" Notate on the Meta-Analysis form and first work through indexing each of various energy qualities.

The Energy Qualities are: **Blocking** – ideally, we are looking for a low index figure here and for the following **Functioning, Integration, Stability, Strength, Coherence, Synchronized** - ideally, we are looking for high index figures.

Meta-Analysis continued**The Energy Qualities of the Subtle Bodies**

Blocking refers to how much energy flow with the subtle body is blocked or damned up. An index of '0' is ideal here as we want the energy to flow freely.

Functioning indicates how well the energy is flowing and transporting its information from one location to another. An index of '100' is ideal as we want the energy to be flowing properly.

Integration is a measure of how well the energy within the subtle body is functioning smoothly and how well the energy is properly interacting with other components of the energy body. Subtle Bodies are complex structures and all parts have to work properly together for this measure to be high. An index of '100' is ideal here as we want the energy to be highly integrated with the entire subtle body structure.

Stability means how stable and reliable the energy flow is. An unstable energy body will change under stress and it may not function well under some circumstances even though it appears to be ok under other circumstances. An index of '100' is ideal as we want the energy to be predictable and flow appropriately even under stressful conditions.

Strength tells us how much resilience the energy body has. How much can it be stressed before breaking down or becoming unstable? An index of '100' is ideal as we want the energy to be predictable and flow appropriately even under much stress

Coherence is opposite to turbulent, churning, confused energy which flows in a chaotic manner. For coherent energy, all parts of the energy flow should be flowing in unison, not randomly. An index of '100' is ideal as we want the energy to be flowing smoothly and uniformly.

Synchronized energy is doing the right thing at the right time, coordinated with other energies or events. An index of '100' is ideal as we want the energy to be synchronized precisely.

Your personal notes:

Meta-Analysis continued

Examples from my client files: Client: C Focus: Preparing for surgery

Date: 4/3/19

META-ANALYSIS of SUBTLE ENERGIES																		
Physical	♦	Etheric	♦	Astral	♦	Mental	♦	Causal	♦	Buddhic	♦	Monadic						
Within	x	Between Etheric			and Causal			and			x							
Energy Quality	Index	Energy Correction Factors			Items	Other Factors			No.									
Blocking	20%	Ψ L/O EFB: F/B			2 1/3	/			1 2									
Blocking refers to how much energy flow with the subtle body is blocked or damned up. An index of '0' is ideal here as we want the energy to flow freely.																		
Functioning	82%	/				/												
Functioning indicates how well the energy is flowing and transporting its information from one location to another. An index of '100' is ideal here as we want the energy to be flowing properly.																		
Integration	83%	/				/												
Integration is a measure of how well the energy within the subtle body is functioning smoothly and how well the energy is properly interacting with other components of the energy body. Subtle Bodies are complex structures and all parts have to work properly together for this measure to be high. An index of '100' is ideal here as we want the energy to be highly integrated with the entire subtle body structure.																		
Stability	82%	/				/												
Stability means how stable and reliable the energy flow is. An unstable energy body will change under stress and it may not function well under some circumstances even though it appears to be ok under other circumstances. An index of '100' is ideal here as we want the energy to be predictable and flow appropriately even under stressful conditions.																		
Strength	82%	/				/												
Strength tells us how much resilience the energy body has. How much can it be stressed before breaking down or becoming unstable. An index of '100' is ideal here as we want the energy to be predictable and flow appropriately even under much stress.																		
Coherence	50%	/				/												
Coherence is opposite to turbulent, churning, confused energy which flows in a chaotic manner. For coherent energy, all parts of the energy flow should be flowing in unison, not randomly. An index of '100' is ideal here as we want the energy to be flowing smoothly and uniformly.																		
Sync	50%	/				/												
Synchronized energy is doing the right thing at the right time, coordinated with other energies or events. An index of '100' is ideal here as we want the energy to be synchronized precisely.																		
Special considerations:																		
"Have we now got all the energy information we need to complete the work involved for this Meta-Analysis? Should we change the grid in any way?"																		

Energy Quality	Energy Work	Reflex	Element	Item/other Factors		
B	Ψ L/O	NV	2	- integrated and ready		
				- responsible and miserable		
B	EFB: F / B	NV	1	 Focus: Sniff Frankincense  Distraction: Listen to Beethoven's 9th Symphony  Distraction: Listen to birds singing in garden		
Note: After doing the corrections – Blocking ↓ 11%, Functioning ↑ 93%, Integration ↑ 86%, Stability ↑ 94%, Strength ↑ 99% and both Coherence and Synchronized ↑ 100%						

Further work was done in Body Sequence two weeks later.

Meta-Analysis continued

Client: D

Focus: Integrating the subtle bodies after a bad fall

Date: 8/4/19

META-ANALYSIS of SUBTLE ENERGIES																		
Physical	♦	Etheric	♦	Astral	♦	Mental	♦	Causal	♦	Buddhic	♦	Monadic						
Within	Etheric	Between			x	and	x	and	x									
Energy Quality		Index	Energy Correction Factors			Items	Other Factors			No.								
Blocking		75%	Ψ B/NB TEB			3 2	/			3 5								
Blocking refers to how much energy flow within the subtle body is blocked or damned up. An index of '0' is ideal here as we want the energy to flow freely.																		
Functioning		92%				1	ETF: EO			1								
Functioning indicates how well the energy is flowing and transporting its information from one location to another. An index of '100' is ideal here as we want the energy to be flowing properly.																		
Integration		76%	ECS: MC			2	/			2								
Integration is a measure of how well the energy within the subtle body is functioning smoothly and how well the energy is properly interacting with other components of the energy body. Subtle Bodies are complex structures and all parts have to work properly together for this measure to be high. An index of '100' is ideal here as we want the energy to be highly integrated with the entire subtle body structure.																		
Stability		96%				1	ETF: Symbol			4								
Stability means how stable and reliable the energy flow is. An unstable energy body will change under stress and it may not function well under some circumstances even though it appears to be ok under other circumstances. An index of '100' is ideal here as we want the energy to be predictable and flow appropriately even under stressful conditions.																		
Strength		98%	/				/											
Strength tells us how much resilience the energy body has. How much can it be stressed before breaking down or becoming unstable. An index of '100' is ideal here as we want the energy to be predictable and flow appropriately even under much stress																		
Coherence		98%	/				/											
Coherence is opposite to turbulent, churning, confused energy which flows in a chaotic manner. For coherent energy, all parts of the energy flow should be flowing in unison, not randomly. An index of '100' is ideal here as we want the energy to be flowing smoothly and uniformly.																		
Synchronized		98%	/				/											
Synchronized energy is doing the right thing at the right time, coordinated with other energies or events. An index of '100' is ideal here as we want the energy to be synchronized precisely.																		
Special considerations: "Have we now got all the energy information we need to complete the work involved for this Meta-Analysis? Should we change the grid in any way?"																		

Energy Quality	Energy Work	Reflex	Element	Item/other Factors
Functioning				ETF: Sniff Roman Chamomile
Integration	ECS: MC	K	6	- Knowing I am congruent
		K	6	- my needs will be met
Blocking	Ψ B/NB	NV	6	- B graceful
				- NB
				- BN

Client: D continued

Energy Quality	Energy Work	Reflex	Element	Item/other Factors
Stability				ETF: Symbol Look at HW 'Clear Tides'
Blocking	TEB	EP	6	
Synchronized				ETF: Homoeopathic Bellis P 500 C x 1/ 3 nights
<p>Note: After doing the corrections – Blocking in the Etheric Body ↓ 24% didn't check the others 4 days later after taking all 3 Bellis P - Blocking in the Etheric Body ↓ 12% 2 days later after an acupuncture session - - Blocking in the Etheric Body ↓ 8%</p>				

When working through the Meta-Analysis with a client, if appropriate, read out the information for each energy quality and then what you are basically asking for each quality is,

- a) "On a scale of zero to 100, **how much is the energy flow blocked** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- b) "On a scale of zero to 100, **how well is the energy functioning and transporting information** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- c) "On a scale of zero to 100, **how well is the energy integrated** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- d) "On a scale of zero to 100, **how stable and reliable is the energy** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- e) On a scale of zero to 100, **how resilient is the energy** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- f) On a scale of zero to 100, **how coherent is the energy** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record
- g) On a scale of zero to 100, **how well is the energy synchronized** (i) within 'name it' or (ii) between 'name it' and 'name it' (and 'name it') at least 10%?" etc Record

On the form, I have provided I have simplified the questions further to make the it more user friendly in a session. Once you have completed the Energy Correction Factors for the Meta-Analysis re-index each of the energy qualities and then if the client needs to do either Energy Toning or make some life style change to complete the Meta-Analysis, it would be a good idea to re-index the energy qualities next time they come.

META-ANALYSIS of SUBTLE ENERGIES							
Physical ♦ Etheric ♦ Astral ♦ Mental ♦ Causal ♦ Buddhic ♦ Monadic							
Within x		Between EMOTIONAL and CAUSAL and BUDDHIC					
Energy Quality	1 st Index Pre-work	2 nd Index Post-work	Energy Correction Factors		No. of Items	Other Factors	No.
Blocking	13%	↓ 4%	ECS: MC Ψ People / Me		3 2	/	2 3
Ask, "For the energy quality Blocking, what percentage is the energy flow blocked (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Blocking?" (Ideally should be Zero)							
Functioning	84%	↑ 97%	/			/	
Ask, "For the energy quality Functioning, what percentage is the energy flow functioning and transporting the information (within ... or between and ...) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Functioning?" (Ideally 100%)							
Integration	89%	↑ 100%	/			/	
Ask, "For the energy quality Integration, what percentage is the energy integrated (within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Integration?" (Ideally 100%)							
Stability	83%	↑ 96%	/			ETF: Colour	1
Ask, "For the energy quality Stability, what percentage is the energy flow both stable and reliable (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Stability?" (Ideally 100%)							
Strength	84%	↑ 98%	/			/	
Ask, "For the energy quality Strength, what percentage is the energy resilient (within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Strength?" (Ideally 100%)							
Coherence	87%	↑ 100%	/			/	
Ask, "For the energy quality Coherence, what percentage is the energy flow coherent within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Coherence?" (Ideally 100%)							
Synchronized	97%	↑ 100%	Ψ CLC: Blocks to Life		2	/	4
Ask, "For the energy quality Synchronized, what percentage is the energy flow synchronized within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Synchronized?" (Ideally 100%)							

No.	Energy Quality	Energy Work	Reflex	Element	Item / Other Factors
1.	Stability				➔ ETF: Colour Look through orange
2.	Blocking	ECS: MC	E 3	11/6	- Experiencing integration
			E 6	7/6	- contentment
			E 0	12/1	- fulfilment
3.	Blocking	Ψ People / Me	NV	4	- People accepting change - Me
4.	Synchronized	Ψ CLC	NV	4	Blocks to Life Think how blocks my life - worrying over money - feeling guilty

Development Day

Name:

Tutor:

Date:

META-ANALYSIS of SUBTLE ENERGIES								
Physical ♦ Etheric ♦ Astral ♦ Mental ♦ Causal ♦ Buddhic ♦ Monadic								
Within		Between and and						
Energy Quality	1 st Index Pre-work	2 nd Index Post-work	Energy Correction Factors		No. of items	Other Factors		
Blocking								
Ask , "For the energy quality Blocking, what percentage is the energy flow blocked (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Blocking?" (Ideally should be Zero)								
Functioning								
Ask , "For the energy quality Functioning, what percentage is the energy flow functioning and transporting the information (within ... or between and ...) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Functioning?" (Ideally 100%)								
Integration								
Ask , "For the energy quality Integration, what percentage is the energy integrated (within and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Integration?" (Ideally 100%)								
Stability								
Ask , "For the energy quality Stability, what percentage is the energy flow both stable and reliable (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Stability?" (Ideally 100%)								
Strength (Resilience)								
Ask , "For the energy quality Strength, what percentage is the energy resilient (within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Strength?" (Ideally 100%)								
Coherence								
Ask , "For the energy quality Coherence, what percentage is the energy flow coherent within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Coherence?" (Ideally 100%)								
Synchronized								
Ask , "For the energy quality Synchronized, what percentage is the energy flow synchronized within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Synchronized?" (Ideally 100%)								
Special considerations:								
"Have we now got all the energy information we need to complete the work involved for this Meta-Analysis? Should we change the grid in any way?"								

Development Day

Practitioner: _____

Date: _____

META-ANALYSIS of SUBTLE ENERGIES										
Physical ♦ Etheric ♦ Astral ♦ Mental ♦ Causal ♦ Buddhic ♦ Monadic										
Within		Between and and								
Energy Quality	1 st Index Pre-work	2 nd Index Post-work	Energy Correction Factors		No. of items	Other Factors				
No.										
Blocking										
Ask , "For the energy quality Blocking, what percentage is the energy flow blocked (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Blocking?" (Ideally should be Zero)										
Functioning										
Ask , "For the energy quality Functioning, what percentage is the energy flow functioning and transporting the information (within ... or between and ...) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Functioning?" (Ideally 100%)										
Integration										
Ask , "For the energy quality Integration, what percentage is the energy integrated (within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Integration?" (Ideally 100%)										
Stability										
Ask , "For the energy quality Stability, what percentage is the energy flow both stable and reliable (within or between and) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Stability?" (Ideally 100%)										
Strength (Resilience)										
Ask , "For the energy quality Strength, what percentage is the energy resilient (within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Strength?" (Ideally 100%)										
Coherence										
Ask , "For the energy quality Coherence, what percentage is the energy flow coherent within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Coherence?" (Ideally 100%)										
Synchronized										
Ask , "For the energy quality Synchronized, what percentage is the energy flow synchronized within or betweenand) at least 10% etc?" "Are there any Factors to be addressed under the energy quality Synchronized?" (Ideally 100%)										
Special considerations:										
"Have we now got all the energy information we need to complete the work involved for this Meta-Analysis? Should we change the grid in any way?"										

Development Day

Development Day

ADULT NEEDS

If we can't acknowledge our adult needs because we have **become stuck at some earlier stage in our life** this CLC helps us **to recognize and understand our adult needs** and find an appropriate way of meeting them.

Think about how my Adult Needs are affected by..... ● If will my Adult Needs be met?

Think how stops me achieving my Adult Needs ● How does help me meet my Adult Needs?

When I can be/do will my Adult Needs be met?

ASSUMPTIONS

The **rules** (which may or may not be true) **we use for living our lives** without questioning them. We just assume that everyone else agrees with us. This CLC help us judge whether our assumptions are serving us or actually holding us back.

What beliefs do you have around this statement? ● Why is (it that)?

If I can't be then what does mean? ● If , then.....?

Think about this assumption as though it were totally true. ● How is/are.....?

Whenever I allow myself to then I

AUTHORITATIVE PRINCIPLES

Also **rules for living our lives usually explicitly learned** - broader in scope than Assumptions.

What are my principles of..... ● How do my principles of guide me?

Think how allows me to feel superior ● Why is a principle of my life?

Think how my principles of control my life ● If I do not then how will my life be

BLOCKS TO LIFE

The **grand excuses** for why we do or don't do certain things. The '**If only**' syndrome. **These CLCs help us** to take responsibility for own life.

Think how is a Block to my Life. ● Think howblocks my life.

Think about the Blocks to Life which stop me..... ● Why does Block my life?

EXPERIENCING EMOTIONS - found by John Payne

Think how has stopped you experiencing your emotions

EXPRESSED PARALYZING DISEMPOWERMENT

Displacement Activities. When we are doing something else (expressing) other than what we need to be doing (paralyzed) we are dis-empowered. The longer we put off doing something the more difficult it appears to be to do. This CLC helps clients to grasp the 'nettle' or 'bite the bullet' so to speak and stop procrastinating. The word *silently* in the instruction is optional. It is used when the client is internalizing the problem.

Think how it is that I am (silently) disempowered when / by.....

Think how dis-empowers me. ● Why does dis-empower me?

DAMAGE TO MYSELF - found by Jane Thurnell-Read.

Think how has caused damage to yourself.

FALLIBLE ATTITUDES

Fallible means possibly mistaken/could be wrong. Fallible Attitudes are not helpful for us for where we are right now in how we live our lives. We do however continue to use them inappropriately. Whereas with an assumption we just expect everyone else to think the same way we do with attitudes we are aware that there might well be differences of opinion. This CLC helps **to see and understand when our attitude is no longer serving us and helps us to change.**

Think how the fallible attitude of affects me

Think how is/are a fallible attitude



Think how is/are affecting me

FROZEN PRINCIPLES

In some area of our life we have **become stuck in the past in one particular aspect.** Frozen Principles are things that are not developed so we cannot use them. Certain behaviour may have appeared acceptable at some time in the past but it just doesn't work for us now. This help **us to change our behaviour** and move on.

Think how has stopped my development in certain areas

● How is it that is important?

Think how has allowed me to become stuck

● Think how allows me to feel safe

HIDDEN WISDOM

Is wisdom that we already have but which we are unable to use as we cannot access it. These corrections help us to access the hidden wisdom. **The item itself is not the wisdom nor does it find the wisdom immediately on a conscious level but as the client goes through** the process of doing the correction it unlocks something so you can access the wisdom.

Think about the hidden wisdom in..... / of.....



Why is hidden wisdom?

How is that is hidden wisdom?

SELF-ISSUES

These Self Issues are basic, core, world-views that were set up early in life - Acceptance, Actualization, Assurance, Attitude, Awareness, Centredness, Concept, Confidence, Control, Decisiveness, Empowerment, Esteem, Expression, Freedom, Growth, Harmony, Help, Knowledge, Love, Respect, Understanding, Worth

Think how affects my self.....

LIBERATING WOUNDS

Many people **constantly punish themselves for past mistakes.** This correction **frees us up from the constant threat of self-punishment – or from being dominated by our old wounds.**

Think how has kept me from liberating my wounds



Why does.....?

Think how I might liberate my wounds through....



How is that?

TRANSCENDENT BELIEFS

 - found by Jane Thurnell-Read

Transcendent beliefs are our own internal beliefs. They are how we judge ourselves and our own behaviour, in spite of what other people might say about us. This CLC found by Jane Thurnell-Read.

If I was then how would my life? ● Imagine how my life would be if I had a total belief in

What is the difference between ECS: Membrane Configuration and Cellular Dynamics?

The ECS: Membrane Configuration corrections require the client to resonate at cellular level (gut level) in order to achieve the energy vibration needed to initiate the healing process. ECS: MC items **(i)** unblock the receptor sites allowing either the passage of nutritional minerals, vitamins, water, lipids and metabolic products to pass through and nourish the cell or release toxic levels of substances for the body to safely offload **(ii) repair the metabolism and functions within the cells and (iii) repair the metabolic functions throughout the cells of the specific tissue area of the body being targeted.** It's this tissue area that binds the group whereas for all regular corrections it is the specific energy flows that form the 'glue' for the group.

CELLULAR DYNAMICS – formerly Cultural Demands

Culture – can refer to a national culture or the many subcultures within a national culture. There are 2 ways to clear Cultural Demands either at tissue level through homoeopathy or at a head level using this ECF. These **ECFs deal with the stress imposed on us by being driven to conform to the cultural norm in whatever context** either at a national level or within one of the subcultures. These demands can be powerful, deeply ingrained, subtle social requirements that appear to be imposed on a deeper level than the normal psychological processes. It is just how life is and we either conform albeit, with stress, or we rebel and we are still stressed.

Cellular Dynamics are a Bio-Energy Correction Factor in their own right and they seem to be related to an innate, genetic and perhaps even a miasmic imperfection within the DNA in the nucleus of the cell. Dr. Scott said that it is a possibility that the innate genetic imperfections may be the reason why the Bio-Energetic Control System does not function optimally.

Although the instruction to think the item is the same as for a psychological or an ECS: BBEI what the Cellular Dynamics correction is doing and where it is operating is quite different.

- When we do Cellular Dynamics the process of the energy correction restores or 'resets' the energy blueprint so that proper functioning can be achieved.
- The Cellular Dynamics corrections **help to repair the metabolism within the cells.**
- The Cellular Dynamics corrections also address the functions within the cells and **repair the metabolic functions throughout the cells.**
- Cellular Dynamics operate primarily in the Bio-Energy Control System. However, it is only at the cellular level of the tissue that the ECS is involved - specifically **The Coupling In (C-I), Strength (S), and Coupling Out (C-O) components.**
 - For **Coupling-In** we are dealing with how well is the ECS connected to the cell it is controlling?
 - For **Strength** how strong is the controlling energy at the cell?
 - For **Coupling-Out (Working within)** how well is the energy control signal doing the job?

Another distinguishing quality of the Cellular Dynamics is that they often have several different meanings and as the client thinks the item they sift through several layers sometimes from different directions making connections for themselves.

Cellular Dynamics continued

They are 9 different categories each with their own Energy Circuits. Basically all "Imperatives – Demands"

BELONG	- to own, accept, be responsible
CONTROL	- be in charge of, regulate, manage
EMPOWER	- give priority to, take charge, activate, allow, make strong
EXPERIENCE	- participate at a very deep level to the core of your being
FEEL	- sense, perceive, notice, observe
INTEGRATE	- to make a part of yourself, to merge with, blend into
LOSE	- to give up, let go of, take away from
UNDERSTAND	- having an awareness / understanding deep in your heart and mind
VALUE	- to make important, give value to

The specific Energy Circuit for each category are Special Point so in order to do an excellent job for you clients HOLD THE POINTS! For each of these categories the items usually fall into certain grammatical patterns. See the Points Working Manual.

Some examples from my client files:

CD	Understand	0	5 / 6	- Understand my purpose
	Integrate	1	1 / 14	- Integrate my needs and my goals
	Experience	1	33 / 2	- Experience joy in the moment
CD	Understand	2	67 / 27	- Understand the dynamics between us
	Feel	5	9 / 3	- Feel satisfied with where I am at
	Control	2	6 / 2	- Control spite
CD	Belong	4	TW 23 / CX 3	- Belong in the moment
	Experience	4	45 / 21	- Experience contentment
	Control	3	6 / 2	- Control temper
	Lose	5	23 / 3	- Lose belligerence
	Value	1	1 / 1	- Value life's rich pageants
CD	Understand	0	5 / 6	- Understand illness is a gift
	Experience	0	24½ / 6	- Experience deep inner peace
	Integrate	3	1 / 2	- Integrate my experiences with my desires
CD	Understand	2	67 / 27	- Understand my function in the wider scheme of the things
	Integrate	1	1 / 14	- Integrate my spiritual values into my daily life
	Understand	4	45 / 21	- Understand my wants may not be congruent with my needs
	Value	6	1 / 9	- Value the need for clarity