Bio-Energy Worksheet

1. Ask, "With a focus on 'name it' how many Elements are we checking for optimum functioning through the various components of the HK Bio-Energy Model at least one?" etc. Put the Element No. on the table and in the boxes immediately below list the individual Meridians. **2.** While touching the acu-points (bilaterally for GB, K and St) on the body map ask questions **2a.** to **2d.** on the grid. Mark under-function with an 'x' – so you can clearly see the blocks to optimum functioning of the 'focus' above.

MEASURING the MERIDIAN and TISSUE ENERGY FLOWS

No.	Acu-Point	Measure	Where is it working?	Element		Element	
1	CV 15	Compare	Control System				
2	CV 9	Tune					

2.a. Ask, "Within the Control System is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.

No.	Acu-Point	Measure	Where is it working?	Element		Element	
3	St 27	Intake	Meridian Level				
4	GB 23	Level					
5	St 25	Flow					
6	K 23	Fluidity					
7	K 24	Coherence					
8	K 16	Transfer-Out					

2b. Ask, "At Meridian Level is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.

No.	Acu-Point	Measure	Where is it working?	Element		Element	
9	K 12 + K 13	Intake	Tissue Level				
10	St 29	Level					
11	Sp 20	Flow					
12	K 22	Fluidity					
13	CV 19	Coherence					

2c. Ask, "At Tissue Level is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.

No.	Acu-Point	Measure	Where is it working?	Element		Element	
14	K 26	Coupling – In	Control System				
15	K 20	Strength					
16	St 21	Coupling – Out					
17	St 18 ½	MBEI					
18	St 16	BBEI					

2d. Ask, "Within the Control System is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.

3. "What energy work do we need to do to bring these Elements into harmony and balance and functioning optimally?"

ECF	Reflex	Element	Item / other Factors

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			http://www.healthkinesiologytraining.com / http://www.extraordinarychannels.com

Any insights from this analysis: