

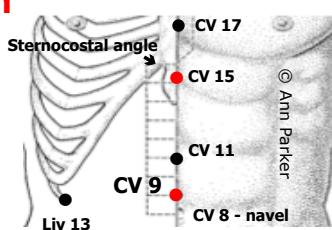
Acu-points for HK Bio-Energy Measures

In order to speed up testing for the practice sessions using Dr. Scott's Health Kinesiology Bio-Energy Model, please ensure you **know these points and where and what they measure** and can **find them easily** on yourself and others.

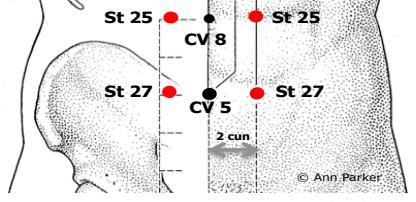
Control System

No. 1 - CV 15 = COMPARE is 7 cun above the navel in the middle of the xiphoid process while CV 14 is just below the tip of the xiphoid

No. 2 - CV 9 = TUNE is one cun or one thumb width up from the navel



Meridian

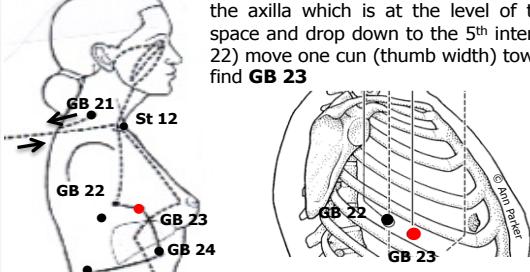


No. 3 - St 27 = INTAKE is on the lower abdomen, 2 cun lateral to the midline and 2 cun below the navel level with CV 5

No. 5 - St 25 = FLOW is on the abdomen, 2 cun lateral to the navel
(2 cun = 3 finger widths)

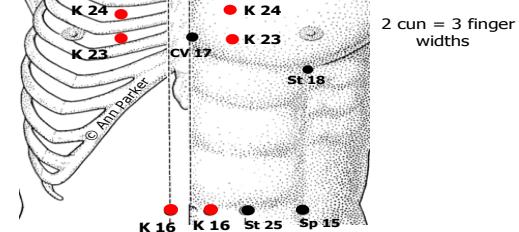
Meridian

No. 4 - GB 23 = LEVEL is in the 5th intercostal space 2 cun from and slightly below the nipple or find H 1 in the axilla which is at the level of the 3rd intercostal space and drop down to the 5th inter-costal space (GB 22) move one cun (thumb width) towards the nipple to find **GB 23**



Internal Channel flows from GB 21 to GV 14 and then it turns to flow back to St 12 before flowing down to GB 22

Meridian



6. - K 23 = FLUIDITY is in the 4th intercostal space 2 cun lateral to the midline

7. - K 24 = COHERENCE is in the 3rd intercostal space 2 cun lateral to the midline

8. - K 16 = TRANSFER-OUT is level with the Navel and ½ cun (one finger width) out

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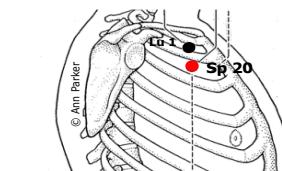
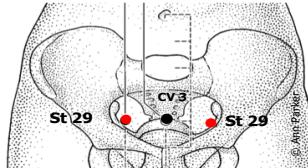
Tissue

No. 9 - K 12 + K 13 = Intake

Both ½ cun lateral to the midline

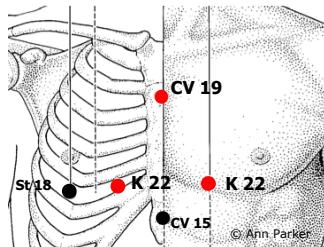
K 12 on the lower abdomen 4 cun below the navel and **K 13** on the lower abdomen 3 cun below the navel

½ cun = a finger width / 2 cun = 3 finger widths / 3 cun = 4 finger widths / 4 cun = a whole hands width



No. 10 - St 29 = Level on the lower abdomen 2 cun lateral to the midline and 4 cun below the navel.

No. 11 - Sp 20 = Flow in the 2nd inter-costal space six cun lateral to the midline. Directly below Lu 1



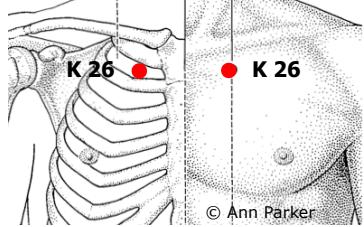
Tissue

Move onto the back for nos. 14-18

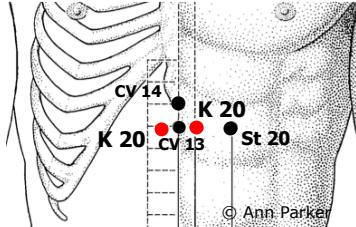
No. 12 - K 22 = Fluidity is in the 5th intercostal Space and 2 cun (3 finger widths) from the midline

No. 13 - CV 19 = Coherence is on the midline level with the 2nd intercostal space

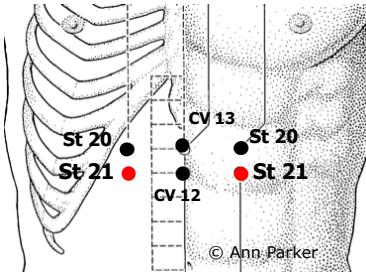
Control System



No. 14 - K 26 = Coupling-In
is in the 1st intercostal space,
two cun lateral to the midline



No. 15 - K 20 = Strength
Find CV 14 and come down
1 cun and then out 1/2 cun
from the midline

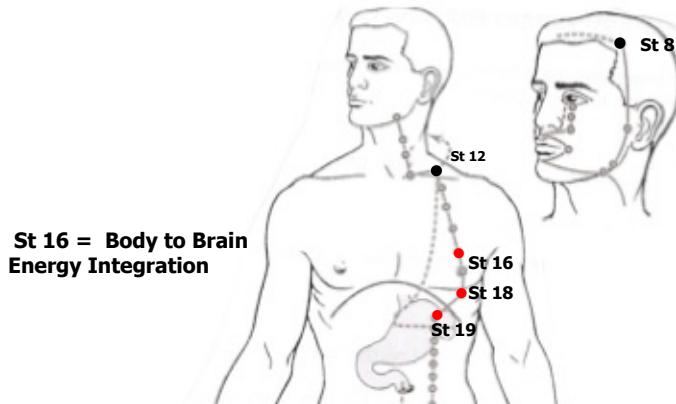


No. 16- St 21 = Coupling-Out
is 2 cun lateral to the midline and
4 cun above the navel - level with
CV 12

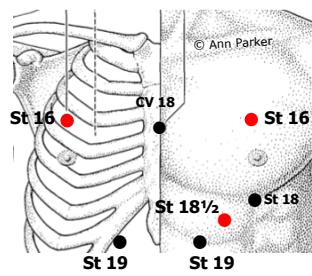
1/2 cun = a finger width / 1 cun = a thumb width

2 cun = 3 finger widths / 4 cun = a whole hands width

Control System



**St 16 = Body to Brain
Energy Integration**



**St 18 1/2 = Mind to Body
Energy Integration**

No. 17 - St 18 1/2 = MBEI Find CV 14 at the bottom of the zyphoid process and go up
one cun width and then 3 cun out for the halfway point between St 18 and St 19

No. 18 - St 16 = BBEI - In the 3rd intercostal space 4 cun from the midline