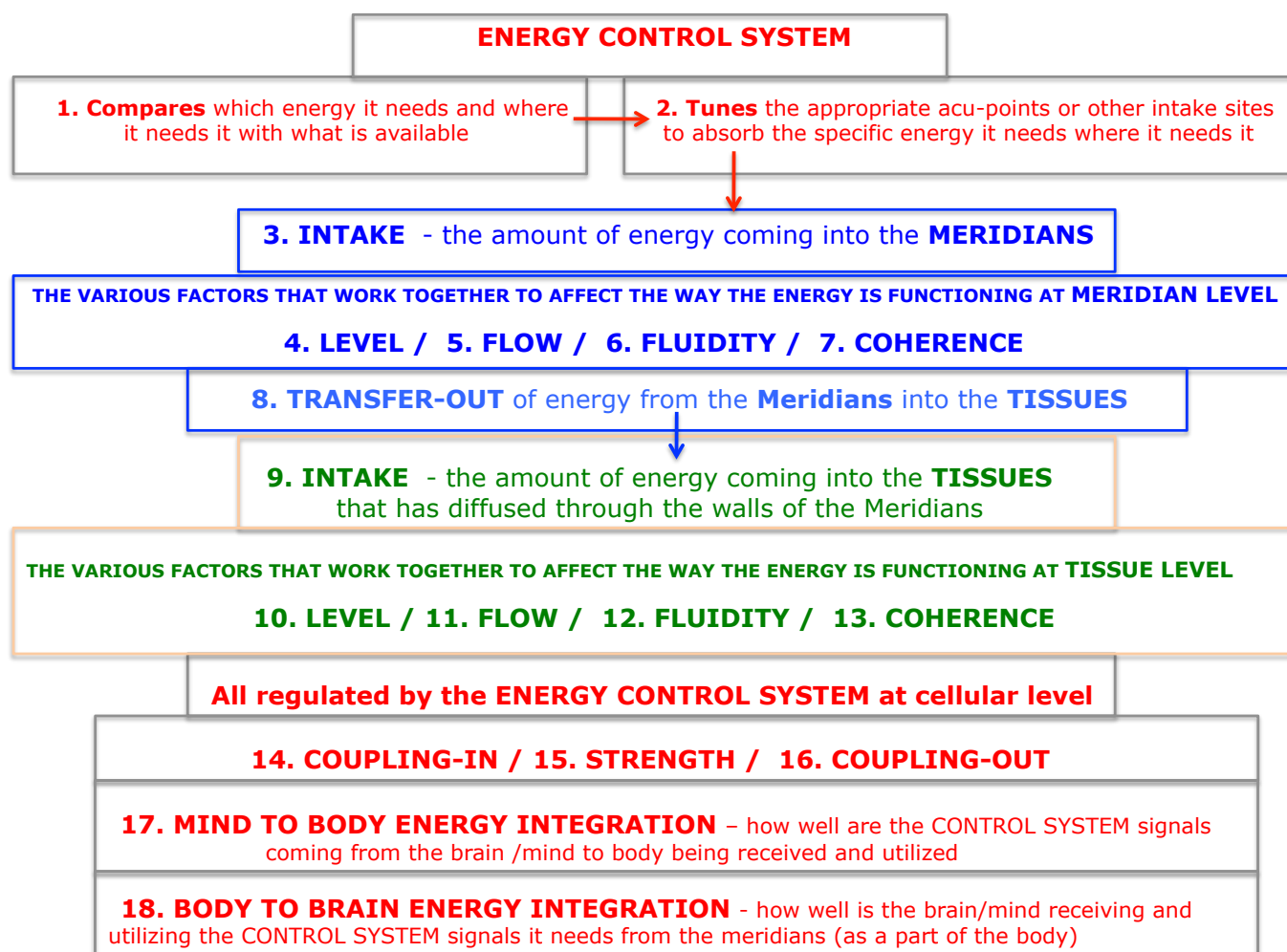


## Bio-Energy Measures



## The Various Factors that Affect the Way the Energy Functioning

Energy **LEVEL** is determined by the **INTAKE** and the **FLOW** whether in the **meridians** or into the **tissues**.

**Flow** is the amount of energy flowing (i) through the **meridian** determined by the degree of **INTAKE**, the **TRANSFER-OUT**, the **FLUIDITY**, and the **COHERENCE** of the energy and by any energy blockages or energy restrictions in the meridian or if (ii) through the **tissue** determined by the degree of **INTAKE**, the **FLUIDITY**, and the **COHERENCE** and the **out-flow** of the energy and by any energy blockages or energy restrictions in the **tissue**. The **out-flow** is determined by the **COUPLING-IN** and the **COUPLING-OUT** functions at the cellular level in the tissue.

The **FLUIDITY** is the viscosity of the energy whether in the **meridians** or the **tissues**. Jimmy says it might be viscous and sluggish or too thin, fluid and out of control. An acupuncturist might say the energy is knotted, choppy, slippery or thin.

The **COHERENCE** is how synchronized ('together') the energy is functioning or is it scattered and turbulent?

As the energy flows through the **meridian** it is **TRANSFERRED-OUT** of the **meridian** becoming available as **tissue-energy INTAKE**.

In the **Cellular Dynamics correction**, we met the terms – **COUPLING-IN** (How well is the energy control system connected to the cell it is controlling?), **STRENGTH** (How strong is the controlling energy at the cell?) and **COUPLING-OUT** (How well is the energy control signal doing its job?)

## Bio-Energy Measures

Using midline as the Reference Point

### Control System

**No. 1 – Compare CV 15** (7 cun above CV 8 )

**No. 2 – Tune CV 9** (one cun above CV 8)

### Meridians

**No. 3 – Intake St 27** (2 cun below CV 8 and 2 cun lateral from the midline)

**No. 4 – Level GB 23** (5<sup>th</sup> Intercostal space and 2 cun lateral from nipple)

**No 5 – Flow St 25** (2 cun from navel)

**No 6 – Fluidity K 23** (4<sup>th</sup> intercostal space and 2 cun lateral from the midline)

**No 7 – Coherence K 24** (3<sup>rd</sup> intercostal space and 2 cun lateral from the midline)

**No 8 – Transfer-out K 16** (½ cun lateral to navel)

### Tissues

**No 9 – Intake K 12 + K 13** (½ cun lateral to midline and 4 and 3 cun below the navel)

**No 10 – Level St 29** (2 cun lateral from the midline and 4 cun below the navel)

**No 11 – Flow Sp 20** (2<sup>nd</sup> intercostal space and 6 cun lateral from the midline –directly below Lu 1)

**No 12 – Fluidity K 22** (5<sup>th</sup> intercostal space and 2 cun lateral from the midline)

**No 13 – Coherence CV 19** (midline level with the 2<sup>nd</sup> intercostal space)

### Control System

**No 14 – Coupling-In K 26** (1<sup>st</sup> intercostal space and 2 cun lateral from the midline)

**No 15 – Strength K 20** (one cun below the tip of the ziphoid process and ½ cun lateral to he midline)

**No 16 – Coupling –Out St 21** (4 cun above the navel and 2 cun lateral from the midline)

**No. 17 – Mind to Body Energy Integration**

**St 18½** (From the bottom of the ziphoid process and go up one cun width and then 3 cun out for the halfway point between St 18 and St 19)

**No 18 – Body to Brain Energy Integration St 16** (3<sup>rd</sup> intercostal space and 4 cun lateral from the midline)

½ cun = 1 finger width / 1 cun = 1 thumb width / 2 cun = 3 finger widths / 3 cun = 4 slightly spread finger widths

