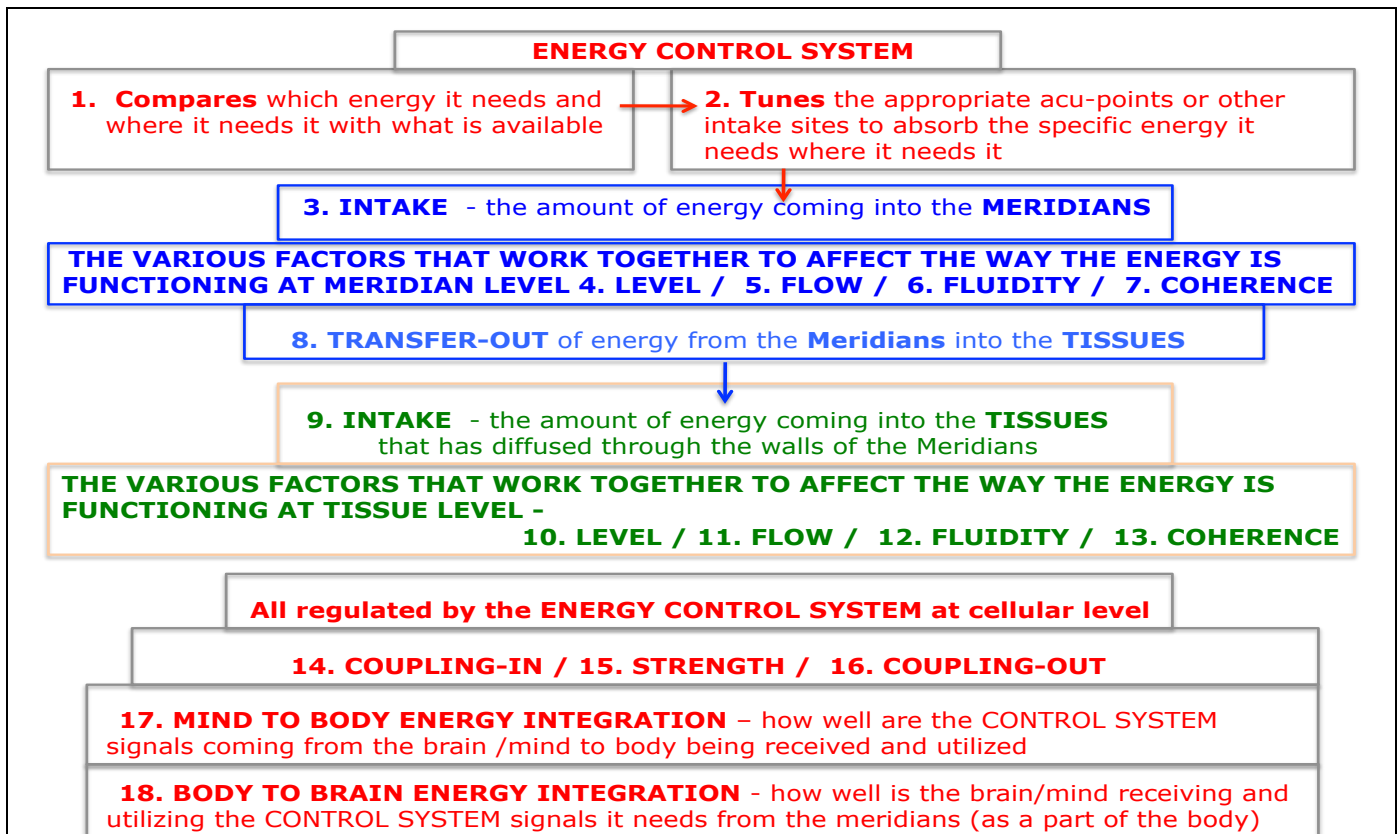


The Health Kinesiology Bio-Energy Model



The Various Factors that Affect the Way the Energy Functions

Energy **LEVEL** is determined by the **INTAKE** and the **FLOW** whether in the **Meridians** or into the **tissues**.

Flow is the amount of energy flowing (i) through the **Meridian** determined by the degree of **INTAKE**, the **TRANSFER-OUT**, the **FLUIDITY**, and the **COHERENCE** of the energy and by any energy blockages or energy restrictions in the meridian or if (ii) through the **tissue** determined by the degree of **INTAKE**, the **FLUIDITY**, and the **COHERENCE** and the **out-flow** of the energy and by any energy blockages or energy restrictions in the **tissue**. The **out-flow** is determined by the **COUPLING-IN** and the **COUPLING-OUT** functions at the cellular level in the tissue.

The **FLUIDITY** is the viscosity of the energy whether in the **Meridians** or the **tissues**. Jimmy says it might be viscous and sluggish or too thin, fluid and out of control. An acupuncturist might say the energy is knotted, choppy, slippery or thin.

The **COHERENCE** is how synchronized (together) the energy is functioning or is it scattered or turbulent?

As the energy flows through the **meridian** it is **TRANSFERRED-OUT** of the **Meridian** becoming available as **tissue-energy UPTAKE**.

In the **Cellular Dynamics correction**, we met the terms – **COUPLING-IN** (How well is the Energy Control System connected to the cell it is controlling?), **STRENGTH** (How strong is the Controlling Energy at the cell?) and **COUPLING-OUT** (How well is the Energy Control signaling doing its job?)

The Health Kinesiology Bio-Energy Model continued

Using midline as the Reference Point

Control System

No. 1 – Compare CV 15 (7 cun above CV 8)

No. 2 - Tune CV 9 (one cun above CV 8)

Meridians

No. 3 – Intake St 27 (2 cun below CV 8
and 2 cun lateral from the midline)

No. 4 – Level GB 23 (5th Intercostal space
and 2 cun lateral from nipple)

No 5 – Flow St 25 (2 cun from navel)

No 6 – Fluidity K 23 (4th intercostal space and
2 cun lateral from the midline)

No 7 – Coherence K 24 (3rd intercostal space and
2 cun lateral from the midline)

No 8 – Transfer-out K 16 (½ cun lateral to navel)

Tissues

No 9 – Intake K 12 + K 13 (½ cun lateral to midline
and 4 and 3 cun below the navel)

No 10 – Level St 29 (2 cun lateral from the midline
and 4 cun below the navel)

No 11 – Flow Sp 20 (2nd intercostal space and
6 cun lateral from the midline –directly below Lu 1)

No 12 – Fluidity K 22 (5th intercostal space and
2 cun lateral from the midline)

No 13 – Coherence CV 19 (midline level with the
2nd intercostal space)

Control System

No 14 – Coupling-In K 26 (1st intercostal space and
2 cun lateral from the midline)

No 15 – Strength K 20 (one cun below the tip of the
ziphoid process and ½ cun lateral to he midline)

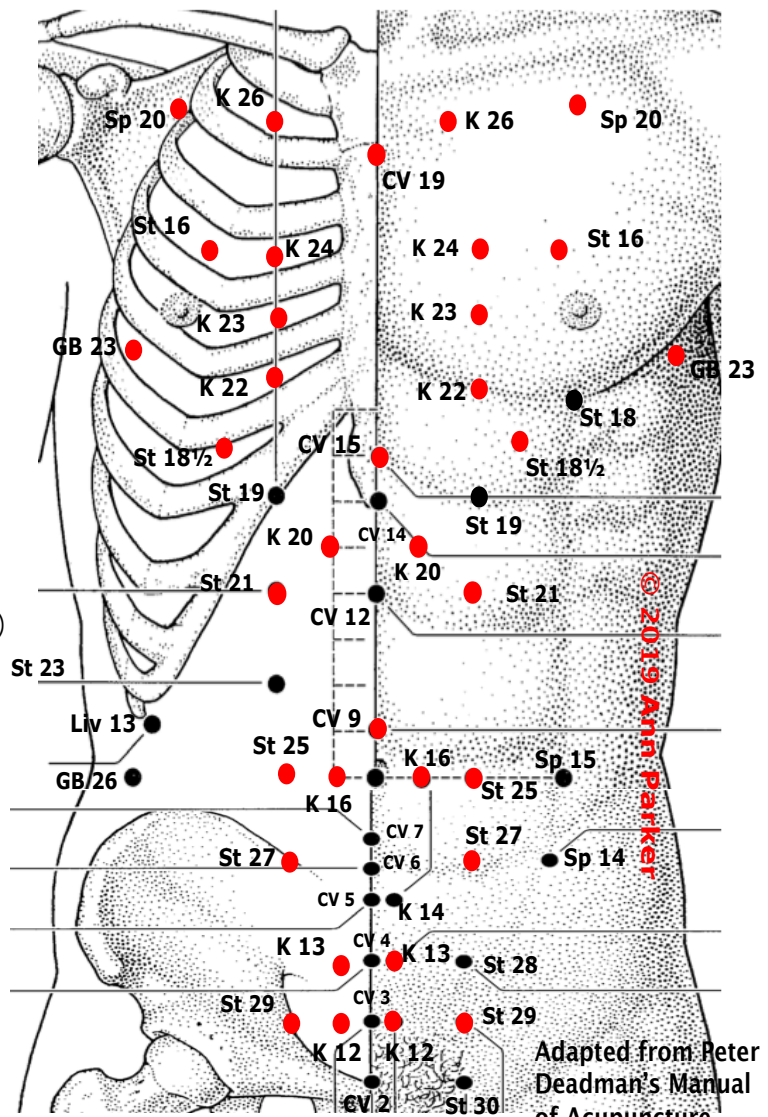
No 16 – Coupling –Out St 21 (4 cun above the
navel and 2 cun lateral from the midline)

No. 17 – Mind to Body Energy Integration

St 18½ (From the bottom of the ziphoid
process and go up one cun width and then 3 cun out
for the halfway point between St 18 and St 19)

No 18 – Body to Brain Energy Integration St 16
(3rd intercostal space and 4 cun lateral from the midline)

½ cun = 1 finger width / 1 cun = 1 thumb width / 2 cun = 3 finger widths / 3 cun = 4 slightly spread finger widths



If you know where each of these acu-points are on the physical body, then as you test down through the measures affecting the quality and flow of energy through the Energy Control System you can simply touch the points on the body map above to check for optimal functioning for each of the Meridians related to the 'Focus' of the work. I suggest you mark 'under-function' with an 'x' so you can clearly see what needs to be addressed to allow the client's Energy System to come back in to harmony and balance and their physical body to heal.

Using the Bio- Energy Measures we have two options – **(i) Simple**, so just working through the grid of the measures or **(ii) MPPQ Matrix**, where we check to see which of the Patterns, Processes and Qualities are contributing to the sub-optimal functioning of the measures on the grid.

Appendix to Ann Parker's HK Reference Manuals

Expanding this Bio-Energy Model to include the Measures Patterns Processes Qualities Matrix

The various **Patterns**, **Processes** and **Qualities** that Dr. Scott added in his Practitioner Reference Manual (part of the 16Ps class originally) could be contributing to the sub-optimal functioning of the measures on the grid are -

Patterns		Processes		Qualities	
Clear	(i) easy to perceive, understand, or interpret (ii) (of a substance) transparent or unclouded	Activating	call up, mobilize, stimulate, trigger, turn on, arouse	Authenticating	proving or showing (something) to be true, genuine, or valid
Confused	(i) lacking order (ii) difficult to understand	Connecting	(i) bring together or into contact so that a real or notional link is established (ii) associate or relate (something) in some respect.	Blocking	obstructing
Defective	(i) not working right correctly (ii) imperfect or faulty	Decoding	change (a coded message) into intelligible language that can be understood	Bonding	(i) linking with some other part (ii) the action of joining things securely by some means
Developing	(i) growing and becoming more advanced, or elaborate	Encoding	cipher, conceal, make secret	Distorting	pull or twist out of shape
Fragmented	(i) break into pieces	Ending	closure, completion, denouement, finale, outcome, period, resolution	Entraining	(i) to draw in and transport the flow of a fluid (ii) to draw along in a specific direction
Hidden	(i) kept out of sight (ii) concealed	Gating	(i) a series of tasks that must work together - A gate allows or blocks the passage of something else. Only when event A happens (insert key and turn to unlock) is event B (door now allowed to open). (ii) Synapses work like this usually.	Functioning	working or operating in a proper or particular way
Inverted	(i) put upside down (ii) in the opposite position, order, or arrangement	Inhibiting	hinder, impede restrain, hold back, prevent (an action or process), hamper, discourage	Interfering	(i) to come into opposition as one thing with another (ii) the effect of hampering an action or a procedure

Appendix to Ann Parker's HK Reference Manuals

Measures Patterns Processes Qualities Matrix continued

Patterns		Processes		Qualities	
Mismatched	matching (people or things) unsuitably or incorrectly	Integrating	(i) Merge, combine, amalgamate, fuse, join, blend (ii) to form, coordinate, or blend into a functioning or unified whole (iii) unite (iv) to incorporate into a larger unit (v) to unite with something else.	Isolating	(i) to set or place apart (ii) detach or separate so as to be alone
Natural	(i) existing in or derived from nature; not made or caused by humankind (ii) in born	Interfering	intervene in a situation without invitation or necessity	Lessening	(i) diminish (ii) make or become less
Processing	Perform a series of mechanical or chemical operation in order to change or preserve it	Modulating	(i) regulate (ii) set (iii) balance (iv) adjust (v) temper (vi) attune (vii) vary the strength tone or pitch of one's voice	Limiting	i) restricting or restraining movement or growth (iii) confining to a set boundary
Prevent	keep (something) from happening in the way it should	Organizing	(i) order (ii) arrange (iii) sort out (iv) assemble	Motivating	(i) providing incentive (ii) impelling to action
Recognizing	acknowledge the existence, validity, or legality of	Oscillating	move or swing back and forth in a regular rhythm	Releasing	(i) free (ii) let go (iii) enable to escape from confinement
Sabotaging	deliberately destroying, damaging, or obstructing	Stabilizing	make or become unlikely to change, fail, or decline	Strengthening	(i) fortifying (ii) consolidating (iii) invigorating (iv) reinforcing (v) augmenting (vi) intensifying
Variable	(i) not consistent or having a fixed pattern (ii) liable to change	Synchronizing	causing to occur or operate at the same time or rate	Utilizing	make practical and effective use of
Energizing	(i) enliven (ii) animate (iii) vitalize (iv) invigorate				
Overpowering	(i) get the better of (ii) overcome (iii) overwhelm				
Purifying	(i) clean (ii) decontaminate (iii) filter (iv) sieve (v) purge				

Dr. Scott's Measures Patterns Processes Qualities Matrix (MPPQ Matrix)

1. Ask, "With a focus on 'name it' how many Elements are we checking for optimum functioning through the various components of the HK Bio-Energy Model at least one?" etc. Notate. **2. Touch the acu-point ask**, "Within the location 'name it' is the component 'name it' functioning optimally for the 'name the Meridian'?" as you work down the list. Mark under-function with an 'x'.

No.		Measure	Where is it working?	Element _ Yang Yin	Element _ Yang Yin	Patterns	Processes	Qualities
1	CV 15	Compare	Control System					
2	CV 9	Tune						
(2a). Ask, "Within the Control System is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								
3	St 27	Intake	Meridian Level					
4	GB 23	Level						
5	St 25	Flow						
6	K 23	Fluidity						
7	K 24	Coherence						
8	K 16	Transfer-Out						
(2b). Ask, "At Meridian Level is the measure 'name it' functioning optimally for 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								
9	K 12 + K 13	Intake	Tissue Level					
10	St 29	Level						
11	Sp 20	Flow						
12	K 22	Fluidity						
13	CV 19	Coherence						
(2c). Ask, "At Tissue Level is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridians.								
14	K 26	Coupling – In	Control System					
15	K 20	Strength						
16	St 21	Coupling – Out						
17	St 18 ½	MBEI						
18	St 16	BBEI						
(2d). Ask, "Within the Control System is the measure 'name it' functioning optimally for the 'name it' Meridian?" If ↓, put a x in the boxes above for the Meridian.								
						Further questions:		
						3. Ask "Which, if any, of the Patterns is contributing to the sub-optimal functioning of the measures on the grid?"		
						4. Ask "Which, if any, of the Processes is contributing to the sub-optimal functioning of the measures on the grid?"		
						5. Ask "Which, if any, of the Qualities is contributing to the sub-optimal functioning of the measures on the grid?"		
6. Ask, "What energy work do we need to do to harmonize and balance the 'name the pattern', 'name the process' and 'name the quality' influences of the sub-optimal functioning of the measures on the grid?"								

*Bio-Energetic Kinesiology – The HK System
developed by Dr. Jimmy Scott*



Find your Way with HK